

3.1. Count me in: Volunteering for Active Inclusion (Training course)

Infopack

Organiser	Društvo za kulturo inkluzije (Ljubljana, SLO)
Main donor	Slovene National Agency for Youth in Action (3.1.)



ABOUT THE PROJECT

"Count Me in: Volunteering for Active Inclusion" is a training course specifically designed for youth workers and leaders in order to gain skills and tools to work with youth with light and moderate mental disabilities. The general aim of the course is to empower the role of youth associations in the involvement of such disadvantaged youth in the social life, working to make them be active part of our society. The venue of the training will be Radlje ob Dravi, in Slovenia. The idea behind the course is to be able to furnish youth workers, leaders and activists taking part in it, skills to be able to volunteer with the target group of youngsters with light and moderate mental disabilities, enhancing their spirit of voluntarism, and becoming able to engage them in different actions in an active way.

In the 7 days of the course, the 24 youth workers coming from Programme Countries and Neighbouring Partner Countries, giving to the project a broader scope and a variety of points of views and working styles, will share their best practices, difficulties and obstacles, tips and ideas. The concepts of inclusion of youth with mental disabilities, active participation, volunteering, will be discussed in the training course, taking care about what can be done at local and international level to facilitate the improvement of the dialogue between youth, regardless their differences, rather appreciating them instead of condemning them. The course will be based on non formal education, using methods such as group discussions, round tables, presentations, roleplays and different activities stimulating creativity and active participation.

PARTICIPANTS

ORGANISATION	COUNTRY	CONTACT PERSON	Nr. of participants
Društvo za kulturo inkluzije	Slovenia	Borut Horvat	2
Forumi Evropian Studentor Tirane	Albania	Erald Aga	2
YUVA Humanitarian Center	Azerbaijan	Gunay Farzaliyeva	2
Sun Of Egypt NGO	Egypt	May Hosny	2
PORAKA NOVA	Macedonia	Anita Gagovska	2
Asociatia Psihologilor Profesionisti din Romania	Romania	Teona Dragut-Sorocianu	2
Linkage Community Trust	United Kingdom	Graham Parkin	2
Institute of Ukrainian Studies	Ukraine	Lidiia Fedchuk	2
EUROTEAM ANTALYA	Turkey	Tuncay Savtak	2
Javna Ustanova Dnevni centar za djecu i omladinu sa smetnjama u razvoju Lipa	Monte Negro	Sulejman Šabović	3
Centar za rehabilitaciju Rijeka	Croatia	Tamara Dukić Milohanić	3

TRAINING COURSE

Date 11. 10. (Friday) – 18. 10. 2013 (Friday)

Venue Radlje ob Dravi, Slovenia

Participants 2 participants per country



Approved travel costs for the TRAINING COURSE are as follows:

ORGANISATION	No. of people	Total costs (100%)	Grant requested (70%)
Forumi Evropian Studentor Tirane	2	700	490
YUVA Humanitarian Center	2	1600	1120
Sun Of Egypt NGO	2	960	672
PORAKA NOVA	2	420	294
Asociatia Psihologilor Profesionisti din Romania	2	950	665
Linkage Community Trust	2	730	511
Institute of Ukrainian Studies	2	1000	700
EUROTEAM ANTALYA	2	930	651
Javna Ustanova Dnevni centar za djecu i omladinu sa smetnjama u razvoju Lipa	3	600	420
Centar za rehabilitaciju Rijeka	3	375	262,5

Your travel costs should not exceed the total costs (100%).



The max amount of money to be reimbursed to you

The travel costs for the training course are covered in **70%** and will be reimbursed upon handing us all the documents demanded by our National agency (boarding passes, train and bus tickets, ...).

FINANCIAL ARRANGEMENT

The project is generously supported by the Slovenian National Agency for the European Commission's Youth in Action programme (3.1.). Thanks to this support, the following financial conditions apply:

- **Lodging, food, local transports** and the **programme** are covered at 100%. The programme starts on October, 11th with dinner and finishes on October, 18th with lunch.
- You are in charge of arranging your own **insurance** for your travel and stay in Slovenia.

In summary, under the conditions outlines above, the costs that you will have to bear are 30% of the travel cost.

Buses

The buses from Airport Ljubljana to the center drive every full hour from 5:00 till 20:00 and cost 4,10 € one way ticket. For those who will land on an airport other than Ljubljana, you can use an airport transfer service like Goopti (<http://www.goopti.com/> +386-1-320-45-30) or Vamo tamo (<http://www.vamotamo-prevozi.si/> +386 40 433 578), but you should make reservations in advance.

Meeting point

It would be best if the participants would come directly to the venue (Radlje ob Dravi, Slovenia), but if that is not possible we can set up a meeting point in Ljubljana and/or Maribor as soon as we get all the arriving times of the participants.

Intercultural evening

Please bring some typical snacks or food that will be available to the participants to try out during the morning and afternoon activities (each day two countries). For the actual intercultural evening prepare a short presentation of your country and culture (10-15 minutes max.). It's up to you how you present it. It may be a quiz, a dance performance, a song, a spoken presentation, ... Those of you that drink alcohol may also bring some typical drink from your country.

Workshops

We would like you to prepare (each country) one or more social games that we will try out during our energizing sessions and use with the visitors at our visit of the exhibition opening of one of our traveling exhibitions in a nearby town.

Presentation of the organization

In the TC there is also a chance for the participants to present their organization and their experience with voluntarism. It should be a short presentation focused on voluntarism with maximum duration of 15 minutes.

Weather

The weather forecast for time of the TC is still not accurate, but you can expect morning temperatures around 5°C and daily highs around 12-18°C. There can also be some rain. We advise you to bring appropriate footwear for walking/hiking in wet grass and gravel.

Power connectors

In Slovenia we use power connectors with 220V and here is a picture of a standard Slovenian power socket:



MONEY AND ATMS (CASH MACHINES)

Currency used in Slovenia is Euro (€). You won't have any problem paying by credit card in most shops, cafes and restaurants.

The sign for a cash machine in Slovenia will read »Bankomat«. Every bank has a Bankomat, and there are numerous other buildings that also boast one on their wall. Also most petrol stations have one. All major credit cards (including Maestro) are accepted at these machines.

Your bank might charge you a fee per transaction. Ask at your bank to know exactly what you'll pay for each withdrawal.

TEAM

Organisers

Boštjan Kotnik, Tina Verbič, Borut Horvat, Alenka Oblak,
Željka Bosanac, Špela Petraš

CONTACT DETAILS

- ➔ **Postal address** **Društvo za kulturo inkluzije**
Karlovška 18
1000 Ljubljana
Slovenija
- ➔ **E-mail address** drustvo.zakulturoinkluzije@gmail.com
- ➔ **Facebook profile** [countmein.trainingcourse](https://www.facebook.com/countmein.trainingcourse)
- ➔ **Direct contacts:**
 - Borut Horvat, 00386 40 839 871
 - Boštjan Kotnik, 00386 40 309 822
 - Alenka Oblak, 00386 40 231 772
 - Tina Verbič, 00386 51 762 999

YOUTH HOSTEL

➔ Address

Youth Hostel Radlje ob Dravi



Mariborska cesta 8
2360 Radlje ob Dravi

- ➔ **Phone number:** +386 (0)40 85 22 87
- ➔ **E-mail address:** radlje@youth-hostel.si
- ➔ **Internet**

WI-FI is available at the youth hostel. User name is MKC. There is no other password.

➔ Store

You will find grocery store across the street from the youth hostel. The name of the shop is TUŠ.